

Dear Members,

RE: Heightened COVID-19 vigilance and training requirements for this week

I hope you are all doing well and had a good weekend. It was great to see most teams get out on the park for training this week and the smiles on the kids' faces were hard to match! As a Club, we learnt a lot from the first week of training. Most importantly, while some players and families closely followed what the club asked, we need to reiterate that ALL players and families need to treat COVID-19 and the protocols and procedures that the club have put in place seriously. **We want to avoid having to stop training altogether, but can only do this with your help in doing what is being asked of you and your children.**

As you would be aware from the Premier's and Health Department's statements yesterday, the state of COVID-19 in Victoria has worsened since last week and there are fears of a second wave of infections. In addition, it has been confirmed that COVID-19 has been detected in our local community, with a local student confirmed as having contracted it. With respect to the local infection, I can confirm that this student isn't an ESJFC player. Our understanding is that all students from this school have been advised they are to limit movements to home-based activities and not attend public places. As such, we are asking any players from that school to not attend ESJFC training until they have advice that they can return to normal activities.

Given the above, the following will be in place for training this week, and until further notice from the club:

- Training group limits of 20 players. It is crucial that you stay with the group you trained with last week.
- There will be no contact at training. So, a reminder, no high-fives, no marking contests, no tackling etc.
- Maintain your distance of at least 1.5m from one another
- If anyone in your home, or your son/daughter is sick in any way (and even anything mild like a sore throat or runny nose), please keep them away from training.
- Remember to get in, train, get out.
- If your child is not listed in a training group on a particular night please tell them to keep away from the club's grounds and not watch their mates train.
- Continue to practice good hygiene by washing your hands with soap and water for at least 20 seconds, or use alcohol-based hand sanitiser.
- As always, if you are not comfortable training during this time, please do not train. If this is the case let your Team Manager and/or Coach know.

As has been the situation for the past few months, things are moving and changing very quickly and we expect to hear more this week. The Committee are making decisions with the information that is currently available with a continued aim to ensure the safety and health of our members. We will be in touch with you again once we have further information and direction from the league to update you on.

In the meantime, to keep up to date with what is happening at the club, please follow us on Facebook (<https://www.facebook.com/EastSandringhamZebbies/>) and Instagram (<https://www.instagram.com/gozebs/>).

Thanks,

Matt Tuohey
President
East Sandringham JFC